



Well-being Index for Pharmacy Personnel

State Report
For
NABP District Five States

October 2023

For Every Pharmacist. For All of Pharmacy.

pharmacist.com

Implementing Solutions: Building a Sustainable, Healthy Pharmacy Workforce and Workplace

June 2023 Invitational Summit Final Report

Implementing Solutions: Building a Sustainable, Healthy Pharmacy Workforce and Workplace

- * Invitational summit convened by APhA, ASHP, and NABP with a goal to develop actionable solutions to address workplace and workforce concerns.
- * 50+ participants (pharmacists and pharmacy technicians) from community and health-system practices, state boards of pharmacy, and pharmacy organizations.
- * Summit Solutions are organized by the themes of the Summit. The person or group (Actor) that should undertake implementing the Action are listed for each. *Note there are many Actions for that pharmacy associations to undertake.*
- * Final Report available [here](#) - under Reference Information (*Note: A pdf version was included in this Report's email*)

DISTRESS PERCENT CHANGES

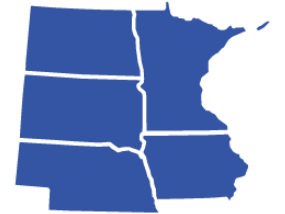
National and District

September 2023 versus October 2023

Changes in Distress Levels

As of October 2023

State	Change in Distress % September 2023 vs October 2023	State Rank for Distress Percent October 2023	Distress Percent October 2023
Largest <i>Increase</i> in Distress Percent			
Wyoming	+2.99%	50	22.22%
New York	+2.68%	36	30.86%
South Dakota	+2.08%	39	28.91%
District of Columbia	+1.55%	45	27.08%
Delaware	+1.48%	15	36.36%
Largest <i>Decrease</i> in Distress Percent			
Rhode Island	-7.29%	43 (T)	27.40%
Puerto Rico	-1.72%	2	50.00%
Massachusetts	-0.77%	14	36.78%
Indiana	-0.71%	32	31.46%
Connecticut	-0.62%	5	45.21%
Change in National Distress Percent			
NATIONAL	+0.34	---	30.93%



Changes in Distress Levels – District Five

As of October 2023

	Change in Distress % Oct 2023 vs Sep 2023	Distress % Oct 2023	Distress % State Rank Oct 2023	Change in Distress % Sep 2023 vs Aug 2023	Distress % State Rank Sep 2023	Distress % State Rank Aug 2023	Distress % State Rank Jul 2023	Distress % State Rank Apr 2023	Distress % State Rank Dec 2022	Distress % State Rank Jun 2022	Distress % State Rank Apr 2022	Distress % State Rank Dec 2021	Distress % State Rank Apr 2021	Distress % State Rank May 2020	Distress % State Rank Apr 2020
Iowa	1.47%	28.77%	40	0.06%	43	44	44	43	42	41	43	41	41	33	29
Minnesota	No Change	23.15%	49	0.09%	49	49	49	49	49	49	49	49	45	42	43
Nebraska	1.07%	33.16%	24	-0.15%	31	30 (T)	29	22	25	27	30	33	39	38	41
North Dakota	No Change	34.48%	19	2.34%	20	32	23 (T)	18	27 (T)	31	34 (T)	20	31	44	45
South Dakota	2.08%	28.91%	39	-0.22%	44	46	45	47	48	46	46	47	47	46	46

Note: Some historic data from 2020/2021/2022/2023 has been removed to allow space for current month.
Refer to previous months' reports or contact ashaughnessy@aphanet.org for data.
(T) = tied with another state

DISTRESS PERCENT MONTHLY REPORTS

State-Specific

September 2023 versus October 2023

WELL-BEING INDEX FOR PHARMACY PERSONNEL

STATE DISTRESS PERCENT*

OCTOBER 2023

As of October 2023, the Iowa distress percent was 28.77% (ranked 40/52) with 174 assessors.

SEPTEMBER 2023

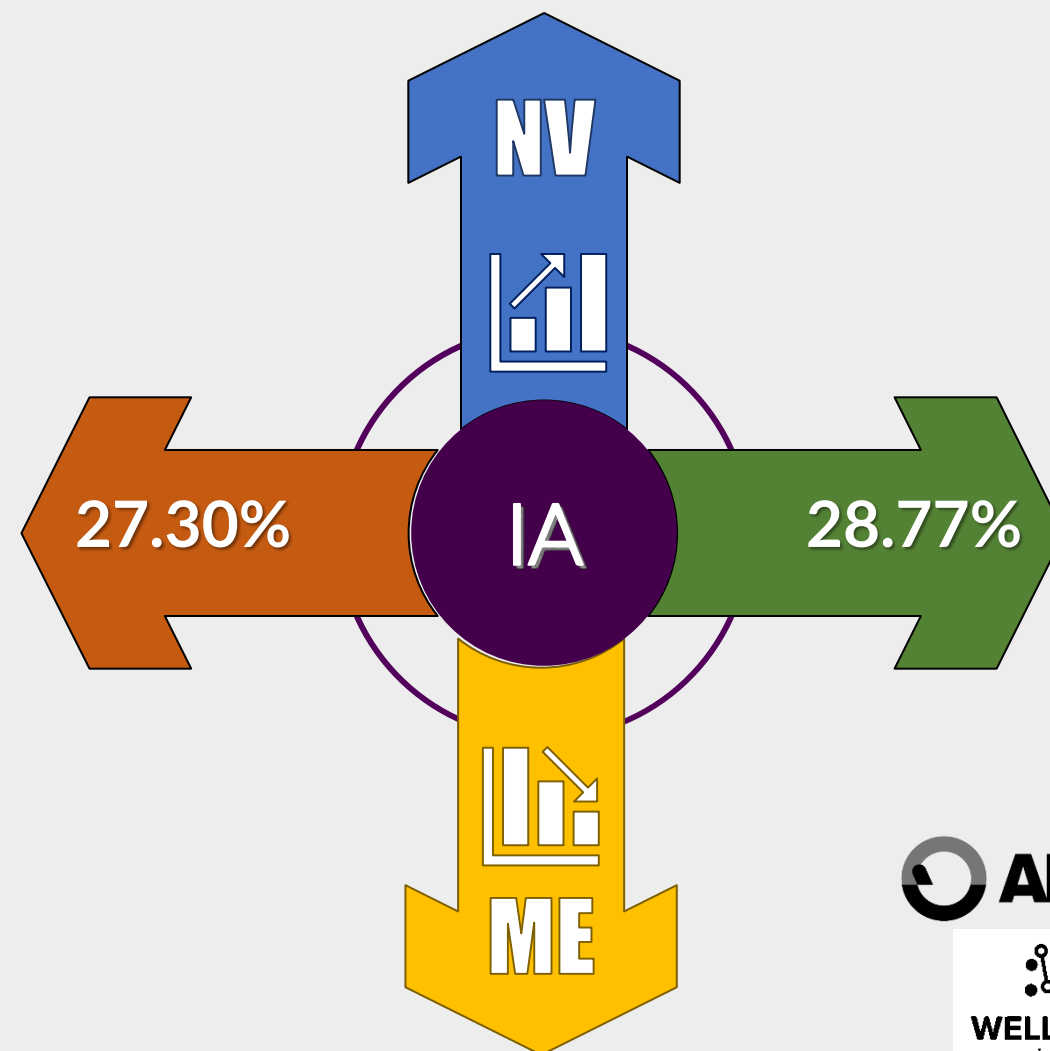
As of September 2023, the Iowa distress percent was 27.30% (ranked 43/52) with 167 assessors.

STATE COMPARISON

As of October 2023

Nevada is the highest at 57.14% (n=39)

Maine has the lowest 20.55% (n=33)



*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

WELL-BEING INDEX FOR PHARMACY PERSONNEL

STATE DISTRESS PERCENT*

OCTOBER 2023

As of October 2023, the Minnesota distress percent was 23.15% (ranked 49/52) with 216 assessors.

SEPTEMBER 2023

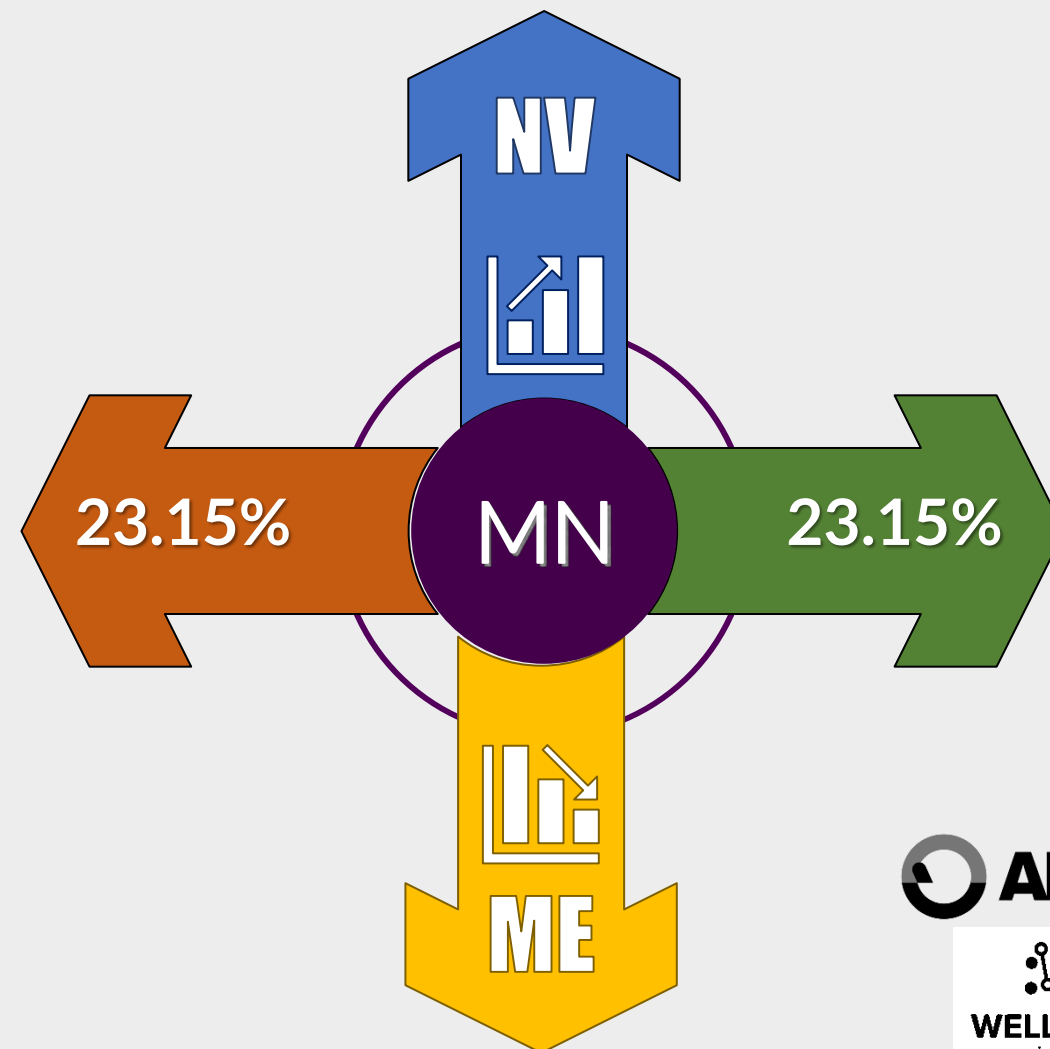
As of September 2023, the Minnesota distress percent was 23.15% (ranked 49/52) with 209 assessors.

STATE COMPARISON

As of October 2023

Nevada is the highest at 57.14% (n=39)

Maine has the lowest 20.55% (n=33)



*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress..

WELL-BEING INDEX FOR PHARMACY PERSONNEL

STATE DISTRESS PERCENT*

OCTOBER 2023

As of October 2023, the Nebraska distress percent was 33.16% (ranked tied at 24/52) with 195 assessors.

SEPTEMBER 2023

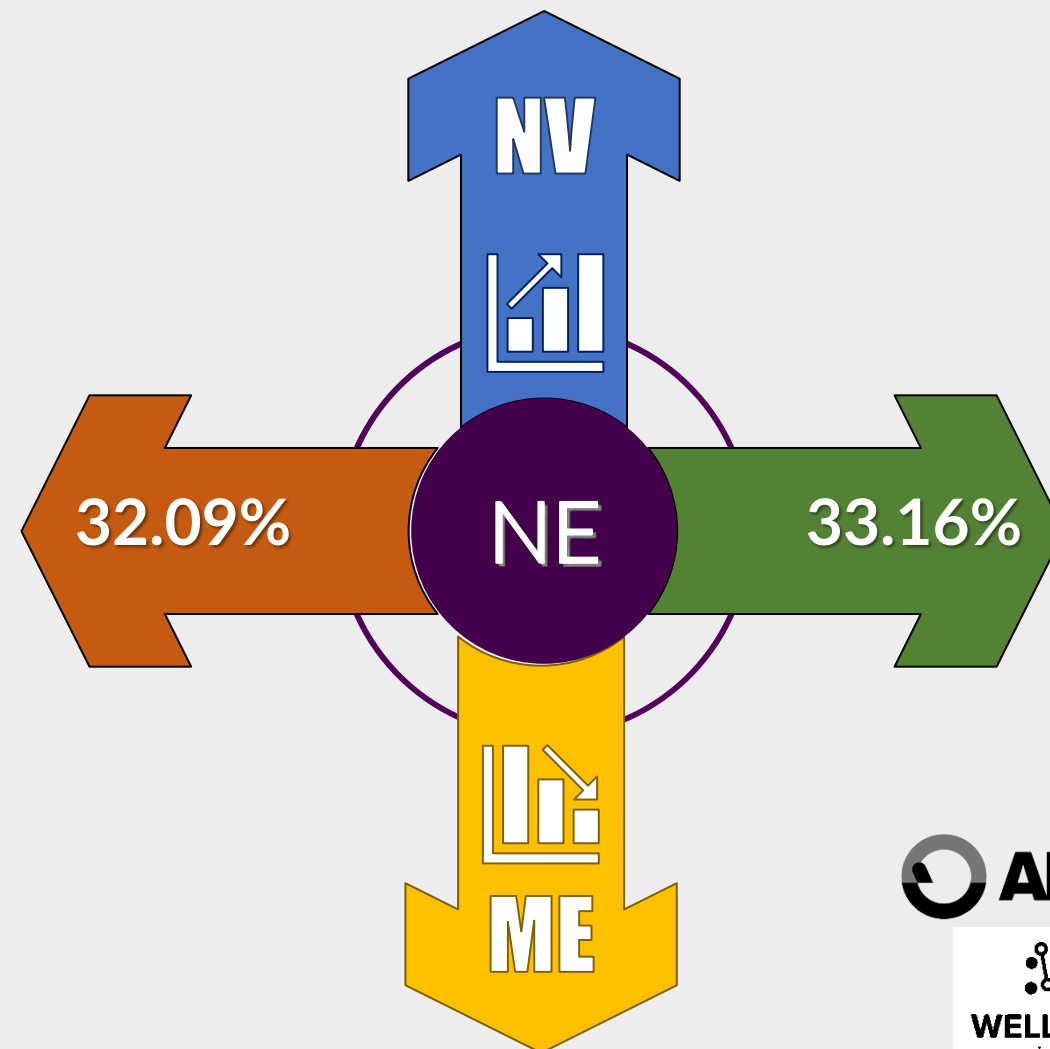
As of September 2023, the Nebraska distress percent was 32.09% (ranked tied at 31/52) with 190 assessors.

STATE COMPARISON

As of October 2023

Nevada is the highest at 57.14% (n=39)

Maine has the lowest 20.55% (n=33)



*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

WELL-BEING INDEX FOR PHARMACY PERSONNEL

STATE DISTRESS PERCENT*

OCTOBER 2023

As of October 2023, the North Dakota distress percent was 34.48% (ranked 19/52) with 22 assessors.

SEPTEMBER 2023

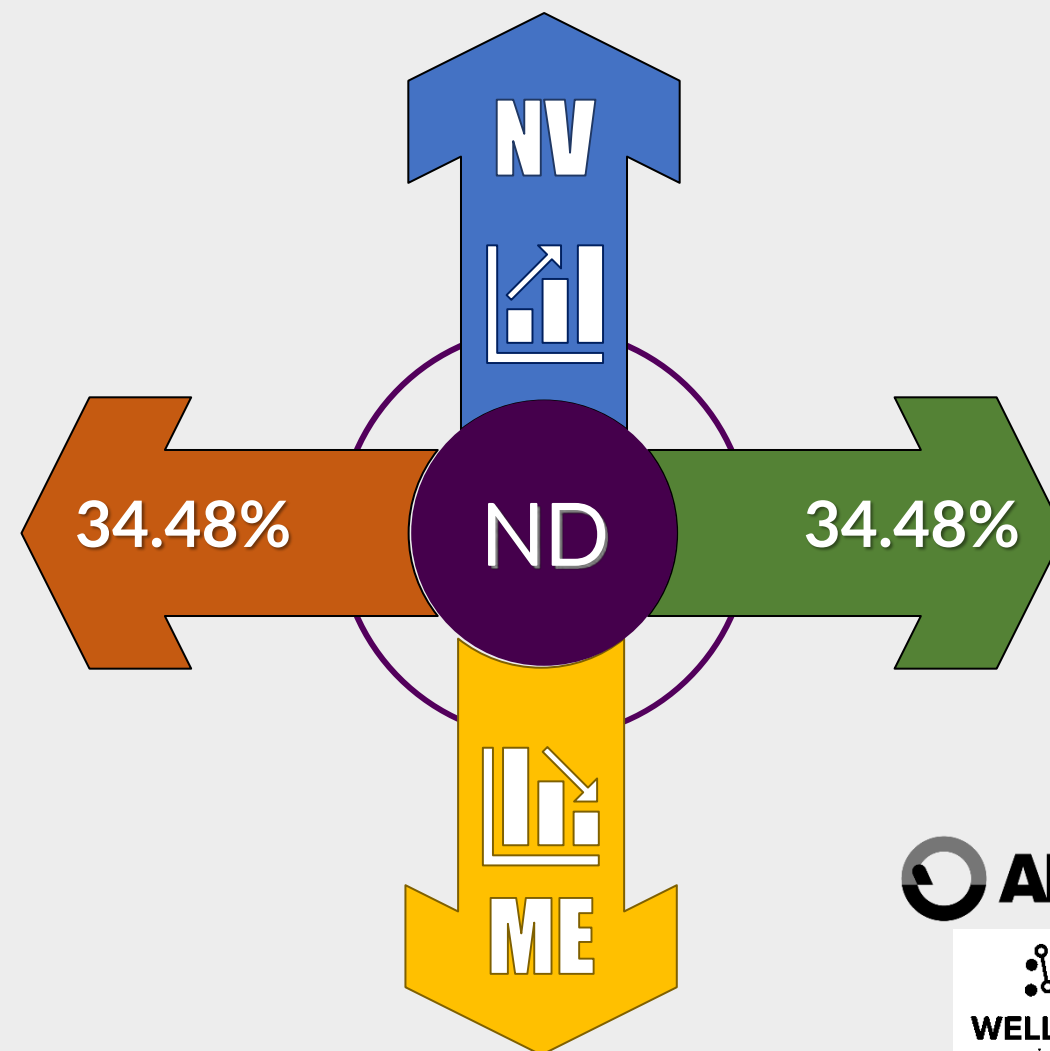
As of September 2023, the North Dakota distress percent was 34.48% (ranked 20/52) with 22 assessors.

STATE COMPARISON

As of October 2023

Nevada is the highest at 57.14% (n=39)

Maine has the lowest 20.55% (n=33)



*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

WELL-BEING INDEX FOR PHARMACY PERSONNEL

STATE DISTRESS PERCENT*

OCTOBER 2023

As of October 2023, the South Dakota distress percent was 28.91% (ranked 39/52) with 66 assessors.

SEPTEMBER 2023

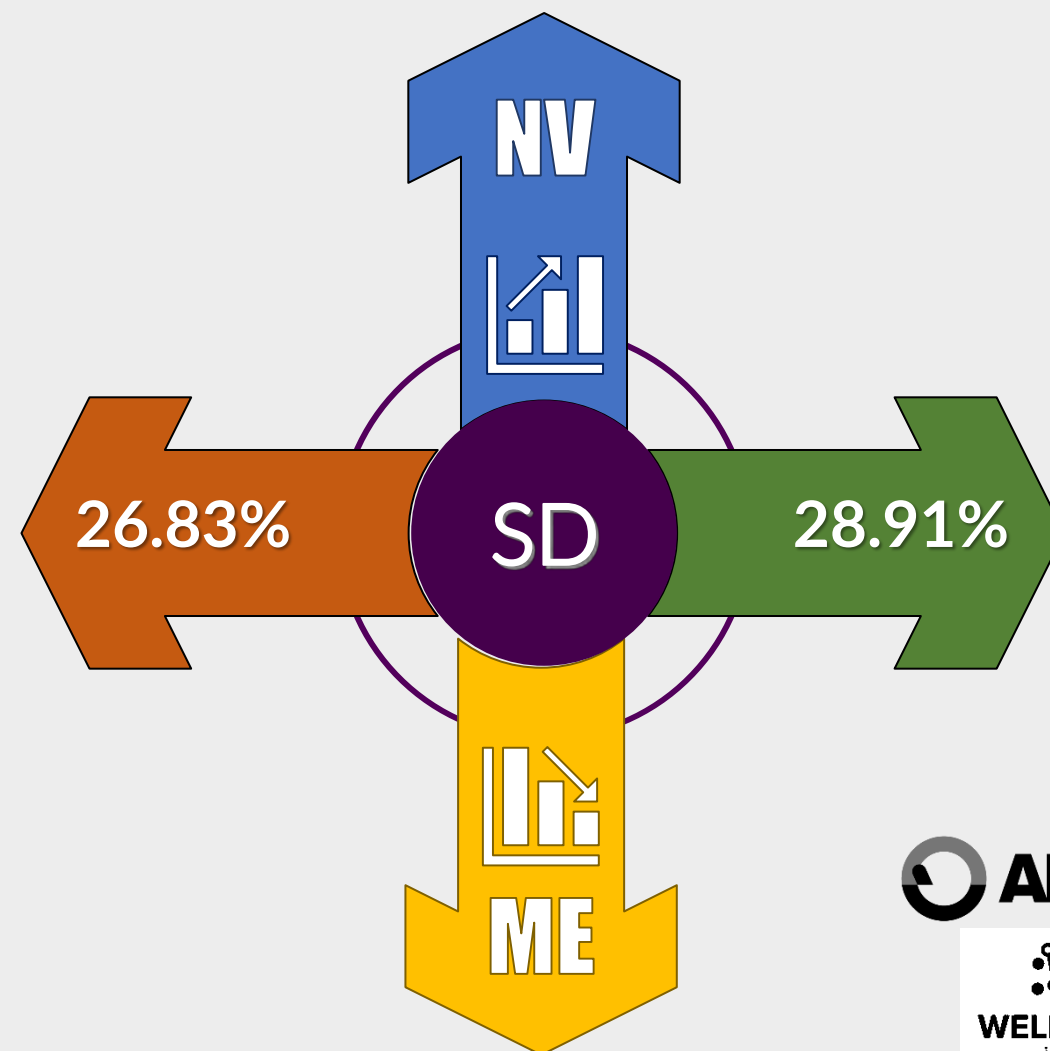
As of September 2023, the South Dakota distress percent was 26.83% (ranked 44/52) with 63 assessors.

STATE COMPARISON

As of October 2023

Nevada is the highest at 57.14% (n=39)

Maine has the lowest 20.55% (n=33)



*Distress Percent is the percentage of individuals with a Well-Being Index (WBI) score ≥ 5 . It measures the percent of individuals that are at a high level of distress.

Well-being Resources Promo Slides*

For Your Use in State Social Media and Periodicals

**Please do not change the content of these promotional slides*



Burnout is real.

Take advantage of APhA's online screening tool, invented by the Mayo Clinic, to evaluate your fatigue, depression, burnout, anxiety, and stress and assess your well-being.

It takes less than 5 minutes to answer 9 short questions.

It's 100% anonymous, free, and you do not need to be an APhA member.

Resources are available once you submit your assessment.

Well-being Index for Pharmacists, Student Pharmacists, & Pharmacy Technicians

www.pharmacist.com/wbi

Invitation Code: APhA

Or Scan



**You're committed to pharmacy.
We're committed to your well-being.
www.pharmacist.com/wellbeing**



Your experiences – positive and negative – tell a powerful story!

Your experience can be the spark that helps change and enhance the pharmacy workplace, pharmacy personnel well-being, and patient safety.

Submit your experience report to
Pharmacy Workplace and Well-being Reporting.
www.pharmacist.com/pwwr

Your report is confidential, anonymous, and protected by the Alliance for Patient Medication Safety - a recognized national patient safety organization.

Share the PWWR link with your colleagues!